

FACIALS BY

Intensive Nourishing Facial	(1hour)	£35
<i>Surrender skin and soul to this ultimate delicious treatment. Beeswax, Wheat Germ Oil and Jojoba Oil enwrapped in incredibly creamy textures, pamper your epidermis to restore ideal strength and renew the lipidic barrier. Cocooned, indulged and relaxed, your skin feels wonderful again...and so do you!</i>		
Instant Radiance Facial	(1hour)	£40
<i>Let your skin devour all the elements it needs to reveal absolutely perfect radiance. Delicious techniques and formulas bring out all your beauty.</i>		
Rejuvenating Bubble Facial	(1hour 15 mins)	£50
<i>On the menu during this fabulous treatment: a "Youth Bubble" in which gentle energising ingredients and absolute relaxation combine. While your wrinkles disappear, your skin abandons itself to exquisite sensations and succulent rejuvenating nectars. You will emerge renewed from this moment of relaxation, your tiredness wiped away, your features rested...and your skin deliciously youthful once more!</i>		
Thalgo Ocean Facial for Men	(1hour)	£40
<i>Thalgo has created the Ocean Facial for stressed skin. This hi-tech professional treatment is based upon relaxing massage movements and the application of a purifying mask diffusing all the goodness of highly energising Algue Bleue Vitale®, directly to the heart of the skin. Relaxed and recharged, your skin regains all its energy and balance.</i>		

BODY TREATMENTS BY

Earth Escapade	(2 hours)	£90
<i>This indulgent, sensory treatment surrounds you with a comforting warmth, removes surface dead cells, and renews and nourishes your skin with luscious. Honey Almond Universal Balm. Tensions are eased away by massage, which optimises the soothing benefits of the treatment.</i>		
Melting Moment	(2 hours)	£120
<i>Experience utter abandon and simply melt with pleasure as Slenderising Body Spice for massage unleashes its toning and refining action, and the Cocoa Fire Mask accelerates the elimination of fatty deposits. To finish, Mint Star Anise Ice Mask is a cooling influence that tones and perfects more slender contours.</i>		

HOLLISTIC MASSAGE AND WELLBEING

Full Body Massage	(1 hour)	£35
<i>This massage is great for relieving stress and tension</i>		
Back, Neck & Shoulder Massage	(30 mins)	£25
<i>A soothing massage to help you relax and unwind</i>		
Indian Head Massage	(45 mins)	£32
<i>A relaxing massage on your back, arms, head and face, allowing you to feel calm and relaxed</i>		
Reflexology	(45 mins)	£35
<i>By working certain reflexes on your feet, the treatment will help to remove toxins from your body</i>		
Full Body Aromatherapy Massage	(1 hour 15 mins)	£45
<i>Leave your worries behind with this deep relaxation massage and use of a pre blended aromatherapy essential oil</i>		
Aromatherapy Back, Neck & Shoulder Massage	(45 mins)	£38
<i>Leave your worries behind with this deep relaxation massage and use of a pre blended aromatherapy essential oil</i>		
Sports Massage	(45 mins)	£32
<i>Using massage techniques to get deep into your muscles the treatment will help you</i>		
Muscle Manipulator for Men	(1hour)	£40
<i>This massage is designed to act like a full MOT for your body. It helps break down scar tissue, flush lactic acid from the system, improve circulation and give deep muscular relief for your over-worked, over-stressed, under-rested bodies.</i>		
Non- Medical Nutritional Advice	(1hour)	£40
<i>After completion of a consultation and food diary, I will be able to advise you of your current diet to help achieve your goals.</i>		



TANNING BY BEAU BRONZ

Beau Bronz Spray Tan	(30 mins)	£35
<i>Beau Bronz spray tanning is a fast, effective, safe and natural way to tan. Free from harsh chemicals and rich in aloe vera, this is one of the longest lasting tans on the market. Available in three shades it can last between 7 - 10 days (depending on home care)</i>		

WAXING BY HIVE HOT CHOCOLATE WAX

½ Leg	(20 mins)	£15
Full Leg	(35 mins)	£22
Full Leg and Bikini	(45 mins)	£30
Panty Line Bikini	(15 mins)	£10
Brazilian	(30 mins)	£20
Hollywood	(45 mins)	£25
Back and Shoulders	(30 mins)	£20
Chest and Stomach	(30 mins)	£16
Upper lip, chin or cheeks	(15mins)	£8
½ arm	(20 mins)	£12
Full arm	(30 mins)	£18
Under arm	(15 mins)	£8
Eye brow clean up	(15 mins)	£7.50
Eye brow reshape	(15 mins)	£9



NAILS BY JESSICA

File and Polish	(15 mins)	£12
Jessica Manicure	(30 mins)	£23
Jessica Luxury Manicure	(25 mins)	£26
Jessica Pedicure	(45 mins)	£26
Jessica Luxury Pedicure	(1 hour)	£30

TINTING

Eyelash Tint	(30 mins)	£12
Eyebrow Tint	(15 mins)	£8
Eyebrow and lash Tint	(30 mins)	£18

PATCH TEST REQUIRED 24 HOURS PRIOR TO FIRST TREATMENT

MAKE UP BY GOSH[®] COSMETICS

Make up Lesson	(1 hour)	£30
Special Occasion Make up	(45 mins)	£28
Bridal Make up	(45 mins)	£45
Consultation & Trial	(1 hour)	£35

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